

HUMAN DESIGN WORKSHOP

Would you like to get back in touch with who you really are?

Would you like to find out how?

Have you ever wondered what your purpose is in life? Why are you here?

What are you here to learn? Where do your opportunities lie?

Do you sometimes feel as if you are always 'giving up' and not following through to completion?

Are you always true to yourself and living authentically?

The Human Design System is a way of re-connecting with who you really are. Following the process is a way of 'peeling the onion' to find out where your challenges and opportunities lie, giving yourself permission to be the unique



individual you are without having to explain yourself to anyone else - allowing yourself to simply 'be'.

This session will introduce you to the amazing subject of Human Design. Based on some astrology and using elements of the chakra system, I-Ching and the Kaballah, it is a fascinating journey to start.

Pamela says, "it helped me to re-connect with myself much better so that I understand how I interact with others, see where my opportunities are and how to tap into those. To see more clearly where I am being authentic to myself and where I am living in a way which looks as if I have been 'conditioned' by something external to me".

Contact Jayne for details of the next workshop.